

Lead-Free  
OHIO

Ohio Chapter  
INCORPORATED IN OHIO

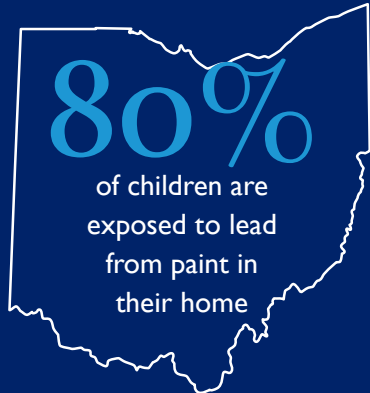
American Academy  
of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN

# LEAD FACTS

## for Ohio Families

### REMEMBER:

1. Children are most at risk.
2. No level of lead is safe.
3. Lead impacts learning and behavior.



### OHIO LEAD SOURCES:

#### PAINT/PAINT DUST

Spices and traditional  
medicine

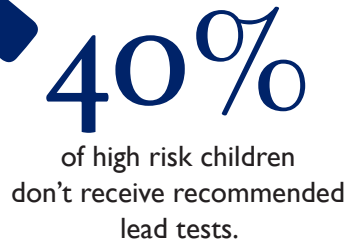
Parent occupation or hobbies  
(remodeling, construction,  
smelting, firearm use, pottery)

Lead service lines

- jewelry
- beauty
- toys
- ceramics
- antiques

#### WATER

Find more information about  
resources and income tax credit at  
[www.ohioaap.org/lead](http://www.ohioaap.org/lead)



[www.cdc.gov/nceh/lead](http://www.cdc.gov/nceh/lead)

All children living in high risk zip codes and all children insured through Medicaid should have a venous or capillary test completed at 12 and 24 months, per Ohio Department of Health recommendations and Ohio State Law.



Do not disturb paint  
if your house was  
built before 1978.



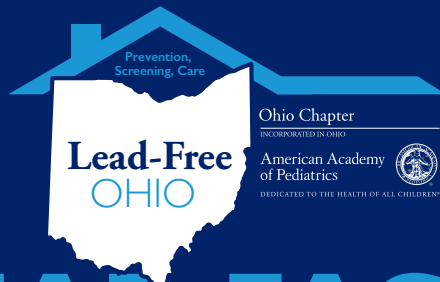
Let water run until it  
is completely cold.



Clean surfaces  
regularly with soapy  
water and a rag.



If your work or  
hobbies involve  
lead, do not wear  
work clothes or  
shoes into the  
home and wash  
separately.



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Any child with a detectable blood lead level **will need follow-up.**



Lead **increases your child's risk** for learning and behavior problems.



**A healthy diet** with 5 servings of fruits and vegetables per day and foods containing calcium, vitamin D, and iron are beneficial.



All children **under 3** in Ohio with lead levels 5 or higher are eligible for early supportive services.



Our goal is to **prevent lead exposure.** Call 1-877-532-3723 for help finding the source and for more information about SCHIP.

### ADDITIONAL RESOURCES FOR FAMILIES:

Ohio Healthy Homes and Lead Poisoning Prevention Program:

**1-877-LEAD-SAFE**

Help Me Grow Hotline (Home Visiting and early support services):

**1-800-755-GROW**

Poison Control:

**1-800-222-1222**

Women, Infants and Children (WIC):

**614-644-8571**

[www.ohioaap.org/lead](http://www.ohioaap.org/lead)

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**Ohio**  
Department of Health