CenteringPregnancy® is medical care for your pregnancy that takes place in a group setting. Centering empowers patients, strengthens patient-provider relationships, and builds community. There are three parts to Centering: a one-on-one health check, shared learning, and support among members of the group. There are CenteringPregnancy providers in several areas of Cuyahoga County. Pregnant women must be a patient of the health care facility to participate in their CenteringPregnancy program.