

FIRST YEAR CLEVELAND CENTERING COALITION

Winter 2019 Newsletter

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What is Centering?

Centering is group care that brings people together to get their healthcare in a supportive learning environment. Centering empowers patients, strengthens patient-provider relationships, and builds community. Centering combines a one-on-one health assessment with interactive learning and community building among members. Centering Healthcare Institute is the standards organization for Centering practices.

CenteringPregnancy®

Group prenatal care that brings women due around the same time out of the exam rooms and into a comfortable group setting.

Benefits of Centering

- Better health outcomes
- Self care
- Self-confidence
- More time with the provider
- Support and friendship
- Learning and fun

Centering Healthcare Institute, Inc.



“It was awesome getting to know the other women in the group and knowing that I’m not alone with some of the things that are going on with this pregnancy.”

-Centering Mom, Neighborhood Family Practice

2017 Coalition Summative Data

Women Enrolled in Centering—431
Cohorts—42
African American Women Enrolled— 334
Births— 285
LBW <2500g— 12 (4.2%)
Preterm Births <37 wks— 13 (4.6%)
Breastfeeding—203 (71%)

2018 Coalition Summative Data

Women Enrolled in Centering—664
Cohorts—86
African American Women Enrolled— 414
Births— 272
LBW <2500g— 16 (5.9%)
Preterm Births <37 wks— 14 (5.1%)
Breastfeeding—220 (81%)

The Cuyahoga County Centering Coalition is a group of Centering Pregnancy providers in the county committed to bringing awareness of the Centering model of prenatal care to other organizations and healthcare consumers, regardless of their location in the county. The goal of the Coalition is to provide local support to all of the Centering programs, share best practices, challenges, and success stories as the programs grow.

Centering Pregnancy Locations

Cuyahoga County

Care Alliance Health Center

2916 Central Avenue
Cleveland, OH 44115
216-535-9100
Gena Austin ext. 522

Cleveland Clinic Foundation— Lakewood Medical Building

1450 Belle Avenue
Lakewood, OH 44107
216-529-2913

Cleveland Clinic Foundation— Stephanie Tubbs Jones Health Center

13944 Euclid Avenue
East Cleveland, OH 44112
216-767-4242

Cleveland Clinic Foundation— Westlake Medical Campus Bldg A

850 Columbia Road
Westlake, OH 44145
440-835-3883

Cleveland Clinic Foundation— South Pointe Hospital

20000 Harvard Road
Warrensville Heights, OH 44122
216-491-6000

MetroHealth Broadway Health Center

6835 Broadway Avenue
Cleveland, OH 44015
Nina Smolinski 216-210-4908

MetroHealth Main Campus

2500 MetroHealth Drive
Cleveland, OH 44019
Nina Smolinski 216-210-4908

Neighborhood Family Practice— Ridge Community Health Center

3569 Ridge Road
Cleveland, OH 44102
216-281-0872
Alison Tomazic ext. 283

Neighborhood Family Practice— Puritas Community Health Center

14625 Puritas Avenue
Cleveland, OH 44135
216-281-0872
Alison Tomazic ext 283

NorthEast Ohio Neighborhood Health Services, Inc. (NEON)

8300 Hough Avenue
Cleveland, OH 44103
216-231-7700
Leslie Carroll ext. 1014

University Hospitals Cleveland Medical Center

11100 Euclid Avenue
Cleveland, OH 44106
Tenisha Gaines 216-844-7403

UH Rainbow Center for Women & Children

11100 Euclid Avenue
Cleveland, OH 44106
Tenisha Gaines 216-844-7403

