Action Team 10: Safe Sleep Heroes

• Led by The MetroHealth System, with a working group comprised of nurses, pediatricians, community advocates, and representatives from University Hospitals, Cleveland Clinic, Saint Vincent Charity Hospitals, and the private sector

• Work informed by parents and grandparents who have experienced the loss of an infant due to sleep-related causes

• Behavior change through awareness, education, and conversation

• Offers training module, community toolkit, outreach and educational materials

• Goal for 10,000 Safe Sleep Heroes to complete training module
Training Video

[Image of a sleeping baby]

Training Video Link
Core Trainers

• Sandra Hoch, RN, BSN, Childbirth Education Coordinator
• Marlene Biggins, Grandparent Expert and Loss Trainer
• Ramia Goodwyn, Parent Expert and Loss Trainer