

Action Team 10: Safe Sleep Heroes

- Led by The MetroHealth System, with a working group comprised of nurses, pediatricians, community advocates, and representatives from University Hospitals, Cleveland Clinic, Saint Vincent Charity Hospitals, and the private sector
- Work informed by parents and grandparents who have experienced the loss of an infant due to sleep-related causes
- Behavior change through awareness, education, and conversation
- Offers training module, community toolkit, outreach and educational materials
- Goal for 10,000 Safe Sleep Heroes to complete training module

Training Video



[Training Video Link](#)

Core Trainers

- Sandra Hoch, RN, BSN, Childbirth Education Coordinator
- Marlene Biggins, Grandparent Expert and Loss Trainer
- Ramia Goodwyn, Parent Expert and Loss Trainer