The Pregnancy and Infant Loss (PAIL) Committee

Reflecting on the Past
Celebrating the Present
Looking Toward the Future

Tuesday, November 10, 2020
Looking Back...
To the Beginning
FYC Priority Area: Reduce Racial Disparities

Action Team 2: Pregnancy & Infant Loss (PAIL) Committee

Gain a further understanding from Black families who have experienced miscarriage, stillbirth, or infant loss.
Our Mission & Vision

MISSION

To provide hope and healing from African American providers to African American men and women who are pregnant, new parents, and to those who have experienced miscarriage, stillbirth or infant death.

VISION

For every person to be provided with timely, accessible, and culturally relevant services.
Fiscal Agent

Special Thank You!

Margaret Mitchell
Teresa Sanders
Lisa Fuentes
Charese Robinson

eliminating racism empowering women
ywca
Greater Cleveland
PAIL Committee Members

Chip Allen  
Nikki Berry  
Erin Dodds  
Danyell Goggans  
Blaine Griffin  
Yvonka Hall  
Sandi Hoch  
Kevin Kelley  
David Margolius  
Maggie Tolbert  
Chris Benninger  
Devon Collins

Michael Dover  
Kimberly Green  
Neal Hodges  
Rasheeda Larkin  
Cheryl Martin  
Sean Martin  
Sam Pierce  
Aysha Wilburn  
Lorrie Considine  
Diane Gatto  
Al Grimes  
Lisa Holloway

Jason Lucas  
Yolanda Lucas  
Stanley Miller  
Ron Pierce  
Dominique Rose  
Shontel Brown  
Tony Minor  
Lynette Ford  
Beverly Johnson  
Vada Mack  
Frances Mills  
Danielle Price  
Frederick Knuckles
## PAIL Timeline (2018-2019)

<table>
<thead>
<tr>
<th>April 2018</th>
<th>May - June 2018</th>
<th>July 2018</th>
<th>August 2018</th>
<th>October 2018</th>
<th>February 2019</th>
<th>August 2019</th>
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<tbody>
<tr>
<td>• Co-Chairs Selected</td>
<td>• Drafted Charter</td>
<td>• First Committee Meeting</td>
<td>• Presentation to FYC Executive Committee</td>
<td>• First Wave of Light Event</td>
<td>• Launched Market Research Study</td>
<td>• Launch of PAIL Society</td>
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<td>• Recruited Committee</td>
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<td>• Presentation to FYC Executive Committee for Year 2 Funding</td>
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PAIL Timeline (2019-Present)

September 2019
• "Toxic: A Black Woman's Story" Film Premiere

January 2020
• Color Him Father Book Tour

March 2020
• Announcement of Inaugural Graduating Class of the Grief Recovery Method Certification Training

June 2020
• Launch of "Our Wellness Network (OWN)"

August 2020
• Filming of Patient & Provider PSAs

September 2020
• Planning PAIL Transition Plan
Celebrating the Present...

Our Accomplishments To Date
Mental & Emotional Support: Our Wellness Network (OWN)

• Parents felt they were not fully heard and/or helped by counselors.

• Co-chairs created a pilot with African American grief recovery specialists to help parents move through the evidence-based Grief Recovery Method® (GRM).
  • GRM is practiced by clinicians and lay leaders.
  • It is an experience, not therapy.
  • Many forms of grief are addressed—the tangible and intangible.
  • Action oriented—an individual has to do hard work to improve his or her mental and emotional strength

• All parents started and completed GRM and experienced a breakthrough with their healing.
  • Breakthroughs ultimately help prevent breakdowns of families.
• The PAIL committee took the pilot to scale by inviting African American therapists, clergy members, and parents who experienced a pregnancy and/or infant loss to be trained with GRM.

• Th Application process was initiated, and individuals competed for an opportunity to participate in the four-day GRM process.

• After individuals earned certification, they received additional mentoring and coaching support by Bishop Joey Johnson.
  • He has the most experience within the region and possibly the state in practicing the method within African American and faith communities.

• Today, we have 24 grief recovery specialists available to help African Americans recover from grief. These individuals comprise the Our Wellness Network (OWN).
Our Wellness Network (OWN)

Inaugural Class
<table>
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<tr>
<th>Therapists</th>
<th>Peer Specialists</th>
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<tr>
<td>Ameerah Board</td>
<td>Karen Graves</td>
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<td>Antonio Conway</td>
<td>Christin Farmer-Kane</td>
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<td>Valerie Elliott</td>
<td>Kory Kane</td>
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<td>Dr. Ramone Ford</td>
<td>Karryl Lindsey</td>
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<td>Danyell Goggans</td>
<td>Yolanda Lucas</td>
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<tr>
<td>Rev. Benjamin Gohlstin</td>
<td>Sharon Mackel</td>
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<td>Tiona Gosha</td>
<td>Cheryl Martin</td>
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<td>Linette Graddic</td>
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<td>Al McIntosh</td>
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<td>Rev. Stanley Miller</td>
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<td>Dr. Sandra Miller Jones</td>
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<td>Frances Mills</td>
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<td>Bishop Tony Minor</td>
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<td>Sam Pierce</td>
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<td>Joy Reid</td>
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<td>Dwayne Williams</td>
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Our Wellness Network
(OWN)
6,392
Total Reach

685
Grief Recovery Awareness

391
Babies Honored

49
Families Practicing GRM
Pregnancy and Infant Loss (PAIL) Society

• A community of women and men who have experienced miscarriage, stillbirth, or infant loss.
• 96 members

To join, visit: https://www.pailconnect.org/pail-society
Wave of Light

2018 - 66 babies honored

2019 - 101 babies honored

2020 - 176 babies honored
  98 household views via YouTube
  625 total YouTube views
Creative Partnerships
Patient & Provider Tools
• Film Sales: OH, MI, TX, NJ, Washington, DC

• Proceeds used to provide healing support resources for families in Cuyahoga County who have experienced pregnancy and infant loss

toxicshortfilm.com
Film Festivals

- Greater Cleveland Urban Film Festival 2020
- Cleveland International Film Festival 2020
- rePRO Film Festival 2020
- APHA Public Health Film Festival 2020
- Dumbo Film Festival 2020
Public Service Announcements

• Coping After Experiencing a Loss

• How to Prepare for a Healthy Pregnancy After Experiencing a Loss

• Supporting Each Other After Loss

• Self-Advocacy: Standing Up for Yourself and Your Baby

• For Health Care Providers: Equitable Care for Patients of Color

• TOXIC Confidential: Unpacking Microaggressions
PAIL Website:
PAILConnect.org
Stay Connected

EMAIL:
PAILSocietyCLE@gmail.com
OurWellnessNetwork@gmail.com
WaveofLightEventCLE@gmail.com

SOCIAL MEDIA:
FB, Instagram & Twitter @PAILConnectCLE
YouTube: Our Wellness Network
"Toxic" Instagram: @Toxicthefilm
ABC7-TV in Los Angeles

Cleveland.com

Cleveland 19 News

Freshwater Cleveland

National Geographic

News Channel 5 Cleveland

NPR

Radio One

Spectrum News 1 Ohio

WKSU

WOVU 95.9 FM-LP
Looking Toward the Future...
Research Agenda

- Adopt policy that clearly states any research conducted on behalf of FYC will practice the principles of Community-Based Participatory Research (CBPR).

- Further, any data collected is co-owned by FYC. Authorship is also co-owned by FYC. These standards should be incorporated into emerging and future contracts between FYC and research institutions.
Diverse Behavioral Health Provider Access and Coverage

• Advocate for affordable mental health benefits and payment parity in Ohio.

• Advocate for education and training dollars to help build a diverse behavioral health workforce.

• Ensure FYC leadership organizations and health plans partner with diverse behavioral health providers via employment and/or contracting arrangements to promote access to diverse provider and economic inclusion.
Policy Agenda

Priorities to Protect and Promote Parent and Family Interests

Housing

• Advocate for pregnant parents to be prioritized for housing slots to help reduce mental and emotional stress as individuals move through the pregnancy, birth and parenting phases.
Our Legacy Continues....
Tribute to the PAIL Committee

"Always in our thoughts and forever in our hearts"
FYC-Pregnancy and Infant Loss Committee, 2020
Thank you for your...

Service
Expertise
Commitment
Time
Support